Table of Contents

Acknowledgements Introduction to Narcissism Awareness		ix
		1
Chapter 1	What Exactly Is Narcissism?	5
Chapter 2	Growing Up in a Narcissistic Family	13
Chapter 3	The Creation of Narcissism	21
Chapter 4	The Struggles of the Adult Child of a Narcisistic Family	37
Chapter 5	Narcissism in Marriage	50
Chapter 6	Interacting with Narcissists You Don't Live With	71
Chapter 7	Where to Go From Here	93
About the Authors		98